



Narmada Kidney Foundation

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World Kidney Day (WKD) has been observed all over the world every year in March to create awareness about kidney disease.

The theme for WKD 2020 is Kidney Health for Everyone Everywhere -from **Prevention to Detection** and Equitable Access to Care.

Narmada Kidney foundation is organizing a Diet workshop & Screening camp on 08th March 2020 in association with Global Hospitals-Mumbai & Indian Dietetic Association-Mumbai Chapter.

Day & Date: Sunday, 08th March 2020 **Time:** 10.00 AM to 01.00 PM

Venue: Khadayata Bhuvan, 32, Hanuman Rd, Lakme Salon, Vile Parle (E), Mumbai 400 057

1. Diet Workshop with cooking contest

Basic Rules for Cooking Contest:



1. The contest is open to all.
2. Registration is free but compulsory (call or E-mail the foundation office)
3. Vegetarian recipes only.
4. Recipe for contest should be for following categories.
 1. Obesity
 2. High Blood Pressure
 3. Diabetes
5. Bring one serving of cooked recipe for the contest.

- You need to bring the typed recipe on A-4 size paper
- Specify the name of the recipe, category for which the recipe prepared in bold letters
- Specify the amount of ingredients used in household measures

2. Screening camp for Diabetes, High B.P. & Obesity



For more details Contact: 7045552030 / 9769570556 / 9819158138 / 022-28254147 / 28368634



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